

Full Field Indoor Soccer Rules

GENERAL

- Absolutely no foul language.
- No Fighting—will result in expulsion from remainder of season.
- No spitting on the field.
- No gum.
- Only players are allowed in bench area. Spectators must remain upstairs.
- Team can play with one less player than required.
- On any indirect kick, opposing players must stand 10 feet away from spot of ball.

GAMEPLAY

- No punting allowed.
- **Goalies cannot throw over half field.**
- No jewelry allowed.
- **No slide tackles.**
- No metal cleats/studs.
- Shin guards and full-sized socks are required.
- Out-of-bound balls on the side-line will result in a throw in.
- Balls contacting the ceiling will result in an *indirect kick* beneath point of contact. **NO DIRECT SHOTS.**
- “Sub on the fly rule”—player on the field must be completely off before teammate enters the playing field.
- Red cards will result in a 2 minute loss of a player on the field for that team. Carded player may be suspended multiple games depending on offense.
- Yellow cards will result in a 1 minute penalty of a loss of a player on the field for that team.
- Penalty kicks will be taken on the top of the goalie box.
- 2, 25 min. halves will be played with a 3 min halftime.
- **OPEN DIVISION ONLY: Female Goals = 2 Points, Male Goals = 1 point**