

6-8 Proehlific Boys Basketball League Rules

- 1) Games consist of four 8-minute quarters; the clock will stop on everything the last minute of the first 3 quarters and the last 3 minutes of the 4th quarter. Outside of that the clock will only stop on shooting fouls and timeouts.
- 2) Each team will be allowed 4 time-outs (two full one minute and two twenty sec) per game. Timeouts left over from regulation carry over to overtime(s). An additional full timeout will be granted to each team per overtime period.
- 3) Full court pressing will be allowed for the 2nd half only. Half court press/traps are allowed every quarter except the first.
- 4) If game ends in a tie, *three-minute overtime* will be played. If the score is still tied the second overtime will only be *two minutes*. In the event that a winner is not determined after the second overtime the outcome will be determined by “sudden death” (first team to score) format.
- 5) A player will foul out of the game upon their 5th personal foul.
- 6) Teams will use a 29.5 (men’s) size ball.
- 7) Please play your less experienced kids in the 1st and 3rd quarters.
- 8) Every player on the team must play in 1 quarter but the goal is to have all kids play 2 quarters.
- 9) There will be no forfeit rule in this league other than you must start with five players.
- 10) Blowout rule: Once a game is at a 20 point differential, points will no longer be credited to the winning team on the **SCOREBOARD**; the correct score will be kept in the book.
- 11) Once a game is at a 20-point differential, the team that is in the lead must play half court defense. We encourage no half court trapping when you are up by 20 or more as well.
- 12) Spectators who display a philosophy inconsistent with the league philosophy will be asked to leave the premises. Remember we are here so the children can have a positive experience so cheer for good play by both teams.